



Community Organisations of South Tyrone & Area



The Local Rural Support Networks
- Supporting rural living across Northern Ireland -

Your Local Rural Support Network

COSTA Community Newsletter

13 Oct 2022

COSTA
Local Rural Support Network

Rural Community Development Support Service
(Mid Ulster Zone)

Cost of Living Support available to individuals and Community Sector.
Contact COSTA for Grant Advice
Tel: 028 855 56880
info.costa@btconnect.com

Would your Group like any assistance?

Does your group have any Skills, Training, Support, Funding or Information needs?

Outreach Service available

Please contact COSTA

Tel: 028 855 56880

Email: info.costa@btconnect.com

Community Organisations of South Tyrone & Areas Ltd
President Grants Homestead
45 Dergenagh Road
Dungannon BT77 0DE

Tel: 028 855 56880 Fax: 028 855 56881

Email: info.costa@btconnect.com

Web:

www.costaruralsupportnetwork.org

Facebook: Board Costa

Mid-Ulster FUNDING FAIRS

Meet the Funders

Meet funders face to face, find out what they have to offer & discuss your project ideas!

- National Lottery Fund
- Halifax Foundation NI
- MUDC
- Cookstown Western Shores Area Network
- Housing Executive
- Community Development & Health Network
- Children in Need
- John Moore's Foundation
- and more to be confirmed!

★ **Magherafelt - 20 September**
10am - 1pm at the Bridewell

★ **Dungannon - 19 October**
10am - 1pm at Ranfurly House

★ **Cookstown - 15 November**
10am - 1pm at Killymoon Golf Club

For more information, contact:
Anita Doonan, Supporting Communities
anita@supportingcommunities.org
07840849453

Energy Support Scheme For Charities / Voluntary / Community Sector

Energy Bill Relief Scheme: help for businesses and other non-domestic customers (Northern Ireland)

Find out about the Northern Ireland Energy Bill Relief Scheme for non-domestic customers and how you can get support this winter. [Energy Bill Relief Scheme: help for businesses and other non-domestic customers \(Northern Ireland\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/energy-bill-relief-scheme-help-for-businesses-and-other-non-domestic-customers-northern-ireland)

This scheme will provide energy bill relief for non-domestic customers in Northern Ireland. Discounts will be applied to energy usage initially between 1 October 2022 and 31 March 2023.

Further technical guidance for energy suppliers will be published in due course.

The discount is automatic. If you get a message asking for your bank details, this could be a scam. You can [report messages you think are suspicious](#).

Eligibility

The scheme will be available to everyone on a non-domestic contract including:

- businesses
- voluntary sector organisations, such as charities
- public sector organisations such as schools, hospitals and leisure centres

who are:

- on existing fixed price contracts that were agreed on or after 1 December 2021
- signing new fixed price contracts
- on variable 'day ahead' tariffs
- on deemed/out of contract or standard variable tariffs
- on flexible purchase contracts

Exclusions

The scheme is intended to be broadly applied but there may be very limited exclusions, for example businesses that use gas or electricity for the purpose of generating power they are selling back into the grid, such as power stations, pumped hydro or grid-level battery storage.

The scheme is intended to provide relief on energy bills. Non-domestic suppliers and consumers should not profit from the scheme. Any such activity may result in a reduction in support and those involved may be liable to further penalties.

If you're not connected to the gas grid

Comparable support will also be provided for non-domestic consumers who use heating oil or alternative fuels instead of gas. Further detail on this will be announced shortly.

The amount your bills will be reduced

The government will provide a discount on your gas and electricity unit prices. To calculate your discount, the estimated wholesale portion of the unit price you would be paying this winter will be compared to a baseline 'government supported price' which is lower than currently expected wholesale prices this winter.

For all non-domestic energy users in Northern Ireland this government supported price has been set at:

- **£211 per megawatt hour (MWh) for electricity and**
- **£75 per MWh for gas**

This level will ensure consistency with businesses and consumers in Great Britain. It will not be the same as the final per unit price paid by non-domestic customers, which will also reflect other costs such as network charges and operating costs, plus the impact of competition between suppliers.

How it works

Suppliers will apply reductions to the bills of all eligible non-domestic customers.

The government will compensate suppliers for the reduction in wholesale gas and electricity unit prices that they are passing onto non-domestic customers.

The discount applied will be in **pence per Kilowatt Hour (p/kWh)**. The p/kWh government support for comparable contracts will be the same across suppliers, but the absolute level of individual bills will continue to vary across different contracts and tariffs.

The gas and electricity wholesale markets in Northern Ireland and Great Britain are closely correlated so the discounts to be applied in Northern Ireland will be calculated using data from Great Britain.

For **variable, deemed and all other contracts**, the discount will reflect the difference between the government supported price and relevant wholesale price, but be subject to a maximum discount.

The maximum discount has been calculated by comparing the government supported price with the average of expected wholesale prices (in Great Britain) for delivery across the 6 months of the scheme. The maximum discount, set on 30 September 2022, is £345/MWh for electricity and £91/MWh for gas.

If wholesale prices rise above the combined government supported price and maximum discount then your prices will increase.

For **fixed contracts** the discount will be calculated in a comparable way to the method used in the EBRIS GB scheme, and will reflect anticipated prices over the winter in the relevant gas and electricity wholesale markets (in Great Britain) for the day the contract was agreed.

Flexible purchase contract customers should continue to contract and hedge in line with their normal practices so as to avoid market disruptions. If you're on a flexible purchase contract, your price reduction will depend on the difference between your monthly weighted average price (determined by your individual hedging approach) and the government supported price. In this case the maximum support available per unit of energy will also be limited by the Maximum Discount.

Cashing in, or changing contracting positions or financial instruments, or other similar actions in order to maximise support under the scheme may impact eligibility. Further details will be available in due course.

You do not need to do anything to obtain a discount on the basis of the scheme. The p/kWh government support for comparable contracts will be the same across suppliers, but the absolute level of individual bills will of course continue to vary.

Suppliers are required to ensure that where discounts are being applied under the scheme, they are subject to a **price floor set at the government supported price for gas and electricity**. This means that the effective retail unit price for a customer's gas and electricity (inclusive of wholesale, network, policy and supplier costs, but exclusive of VAT and Climate Change Levy) does not fall below the government supported price for each once their discounts have been applied. This is to ensure consistency of support and avoid unintended consequences in some circumstances, such as a customer's retail unit prices turning negative after a discount is applied under scheme.

Note that Third party intermediaries (TPIs) / energy brokers have no influence over the per unit cost reductions that will be applied to energy costs under the scheme, and you do not have to take out a new contract or change your contract for appropriate reductions to automatically be applied to your bills.

How you will get the reduction

The support will be automatically applied to all eligible bills. You do not need to take action or apply to the scheme.

If you signed your fixed contract before 1 December 2021

If you signed your fixed rate contract before 1 December 2021, you would not have been exposed to the recent rises in wholesale prices, so you will not be eligible for support under the scheme.

This support package only applies to fixed rate contracts signed after 1 December 2021, as it was from that point the more drastic wholesale price rises have taken effect. If you signed your fixed rate contract before 1 December 2021 you will not be eligible for support under this scheme.

If you're out of contract

If you are out of contract and are waiting to see the details of government support, you should set up your contract as normal. Your supplier will automatically apply appropriate reductions to your energy price for the duration of the scheme.

If you get your energy through a landlord / heat network / energy service company

We expect businesses and other organisation to pass on the benefits under this scheme through to the end user in a reasonable and proportionate way. This will ensure support, for instance, to customers of heat networks and park home residents.

Help Paying Rates: [Help paying your rates | nidirect](#)



Useful Cost of Living Schemes

The Affordable Warmth Scheme addresses the effects of fuel poverty and energy inefficiency. The scheme is directed at low income households with an annual gross income of less than £23,000.

<https://www.nihe.gov.uk/Housing-Help/Affordable-Warmth-Boiler-Replacement/Affordable-Warmth-Scheme>

The NI Consumer Council has a Cost of Living section to help provide support on a range of topics including your food shop, home energy bills, transport and more. <https://www.consumercouncil.org.uk/costofliving#section-4131>

Advice NI is an independent advice network, providing advice to those who need it most. They have a Freephone advice helpline and can be contacted via email. Click here: [Welcome to Advice NI | Advice NI](#)

Helplines NI is a membership-led organisation consisting of over 30 different helplines and support services operating across Northern Ireland. [Click here to visit the Helplines NI website.](#)

National Energy Action is the national fuel poverty charity, working to ensure that everyone in England, Wales and Northern Ireland is warm and safe at home. [Click here to visit National Energy Action's website.](#)

Make the Call to make sure you are getting the benefits, services and support you're entitled to.

To 'Make the Call' you can phone 0800 232 1271; text ADVICE to 079 8440 5248
<https://www.nidirect.gov.uk/campaigns/unclaimed-benefits>

Scams

If you receive a suspicious text or email, or see a suspicious online ad, you can report these for free to help others.

Forward texts to **7726**

Forward emails to report@phishing.gov.uk

Report ads to @ASA_UK

More information at <https://www.consumercouncil.org.uk/scams/how-to-report-a-scam>



The **vaccine toolkit** which is a central point of access to materials and resources for individuals and organisations seeking to promote COVID-19 vaccination uptake within their local communities

is available at www.pha.site/COVID19infomaterials

Winter vaccines - who is eligible?

The table below shows who is eligible* for each vaccine and where to get vaccinated.

Where to get your vaccine	COVID-19 autumn booster	Flu vaccine
Participating community pharmacies	<ul style="list-style-type: none"> • Care home residents and staff 18+ • Frontline HSC workers 18+ 50+ • Pregnant women 18+ • 18-49 who are carers 	<ul style="list-style-type: none"> • Care home residents and staff 18+ • Frontline HSC workers 18+ 50+ • Pregnant women 18+ • 18-49 who are carers
GPs	<ul style="list-style-type: none"> • 50+ • 18-49 clinical risk group • Pregnant women • 18-49 who are carers • 18-49 household contacts of immunosuppressed 	<ul style="list-style-type: none"> • 50+ • 16-49 clinical risk group • Pregnant women • Pre school children • 16-49 who are carers • 16-49 household contacts of immunosuppressed
HSC Trusts	<ul style="list-style-type: none"> • Frontline HSC workers • Non-frontline HSC workers who are 50+ or 18-49 years in clinical risk group • Pregnant women • 5-17 clinical risk group • 5-17 household contacts of immunosuppressed • 16-17 who are carers • Housebound via home visits 	<ul style="list-style-type: none"> • Frontline HSC workers • Non-frontline HSC workers who are 50+ or 18-49 years in clinical risk group • Pregnant women • Housebound via home visits
In school	<ul style="list-style-type: none"> • Children aged 5-17 who attend a special school 	<ul style="list-style-type: none"> • Children in primaries 1 to year 12

*Eligible groups may change if a new variant starts spreading.

Find out more at www.nidirect.gov.uk/wintervaccines

National Garden Scheme - Community Gardens Award

Grants are available to amateur gardeners from community groups in England and Wales to create a garden or similar project with horticultural focus for the benefit of their local community.

Funding body:	National Garden Scheme
Maximum value:	£ 5,000
Application deadline:	31/01/2023

Background

The Community Gardens Award was set up in 2011 by the National Garden Scheme and managed in partnership with the Royal Horticultural Society. From 2019 the Award will be wholly managed by the National Garden Scheme. The Award was set up in memory of Elspeth Thompson, a garden writer and journalist and supporter of the National Garden Scheme who died in 2010.

Objectives of Fund

The funding is for gardening projects carried out within local communities all over England, Northern Ireland and Wales.

Value Notes

Grants of £500 to £5,000 are available.

Match Funding Restrictions

Match funding is not a requirement but organisations should state in their application if they have obtained, or are applying for, funding from elsewhere, giving the amount and the source.

Who Can Apply

The funding is only available to projects in England, Northern Ireland and Wales run by amateur gardeners within community groups or Community Interest Companies (CICs).

Location

England, Northern Ireland and Wales

Restrictions

The following are not eligible for funding:

- Schools.
- Promotional costs (eg, production or printing of leaflets).
- Hire of large mechanical tools (eg, large shredder, JCB etc).
- Transport to visit gardens.
- Insurance.
- Educational course fees or training costs.
- Volunteer expenses.
- Salaries.

Eligible Expenditure

The funding is for the creation of a garden or a similar project (such as an allotment) with horticultural focus for the benefit of the local community.

The project should aim to bring a community together by creating a space people can share, by the acquisition and sharing of gardening knowledge and skills and by inspiring a love of gardening.

Funding could cover expenses such as:

- Site preparation (including hire of small mechanical tools such as rotavators).
- Hand tools.
- Plants.
- Trees.
- Shrubs.
- Containers.
- Seating

How To Apply

The fund will **open on 17 October 2022 and close on 31 January 2023.**

Application guidelines and an application form are available on the website of the National Garden Scheme.

Useful links

Community Gardens Award: <https://ngs.org.uk/who-we-are/community-gardens-award/>

Addresses and contacts

Doug Copeland

Tel: 01483 213905 E-Mail: vince.hagan@ngs.org.uk

<https://ngs.org.uk/who-we-are/community-gardens-award>

Linking Generations Christmas 2022 Get-Togethers Funding

Food for Life Get Together Small Grant



Intergenerational Small Grants

Christmas 2022 Get-Togethers

Application Pack



Small grants of £125 per group for events and activities to bring generations together through good food.

Please return completed application forms to:

Joyce.Savage@bif.org.uk

by

Friday, 28th October 2022 @ 12.00 noon

If you have queries please contact Joyce.Savage@bif.org.uk

The **£125 grant** is to support community, school, group, care, sport settings to bring generations together during the month of December focusing on the theme of Good Food! **Click this link for more information:**

<https://bit.ly/3rpkdT3>

Closing date is 28th October 2022.

Positive Ageing Month! - check out LGNI's resources & ideas to support intergenerational connections this October 2022 **click here**

<https://bit.ly/3SsAmmF>

We're calling on as many of our supporters to make new & celebrate existing intergenerational connections! Our ideas guide offers some inspiration or why not use our worksheet with your school pupils, youth group, nursery or children.

Anyone not already signed up to our free networks to be kept up to date with all intergenerational opportunities/events/training/small grants etc. please click here: <https://www.linkinggenerationsni.com/sign-up/>

Click this link for more information: <https://bit.ly/3rpkdT3>



Funding News

[Department of Agriculture, Environment and Rural Affairs \(DAERA\): Environment Fund](#)

The Environment Fund is administered by DAERA to support projects which will help deliver key environmental outcomes across Northern Ireland. The Fund contributes to two Environmental Impact Priority areas: Nature and Climate Recovery: Building Ecological and Climate Resilience and Connecting People with the Environment. The Strategic Environment Fund programme is currently open for applications from eligible organisations and will **close at 4pm on 8 Nov 2022**.

[Community Foundation for Northern Ireland: The ARN Foundation Tackling Isolation for older people Fund](#)

The ARN Foundation is an independent Charitable Trust set up with the intent of supporting good causes across Northern Ireland. The ARN Foundation's Tackling Isolation for older people Fund will support organisations to deliver projects in support of older people affected by the cost-of-living crisis; and will be managed by the Community Foundation for Northern Ireland.

[Benefact Trust reopens Brighter Lives mental health programme](#)

After a brief pause, their Brighter Lives programme has reopened to help churches and Christian charities respond to the long-term impact of Covid-19 on people's mental health. Running until Friday **9th December 12 noon**, the Brighter Lives programme supports existing or emerging specialist services provided by churches and Christian charities for people struggling with mental health issues. Focus is on the most vulnerable who may struggle to access support elsewhere. For example, counselling or similar therapeutic services, which could be delivered in-person, online or by phone.

[Steel Charitable Trust](#)

Applications must be for charitable purposes that fall into one of the five core categories: Arts and Heritage, Education, Environment, Health, and Social or Economic Disadvantage. Note core categories may have focus applications need to reflect. The minimum grant size is £10,000. Awards of more than £25,000 are rare. Deadline 20 October 2022.

[Groundwork NI: Whitemountain Programme](#)

This Programme supports community amenity or biodiversity projects addressing local issues, needs and opportunities; and which seek to complement and build upon existing local initiatives. Grants of between £5,000 and £25,000 are available. **Deadline 22 October 2022**.



Joint Forum Voluntary and Community Sector Representatives hold Panel meeting & agree Position Statement on the Cost-of-Living Crisis



144.49 KB

[final vcs panel statement cost of living crisis.pdf](#)

Earlier this month, the Joint Forums Voluntary and Community Sector (VCS) Panel held their most recent VCS Panel meeting and had a full agenda to consider, including agreement of a VCS Panel Position Statement on the current Cost of Living Crisis.

Voluntary and Community Sector (VCS) representatives of the Joint Forum met collectively on the 6th September 2022 as a Voluntary and Community Sector Panel to plan and update in advance of the next Government and Voluntary & Community Sector Joint Forum meeting. Via this meeting panel members discussed and agreed issues to be raised at the next full Joint Forum meeting with Government due to be held on the 27 September 2022.

At this meeting, held at NICVA and chaired by **Anne-Marie McClure, Start 360**, in her last meeting as VCS Panel Chair, the panel had a full agenda to consider.

Joint Forum Task and Finish Groups

As part of the panel meeting agenda, the VCS Chairs of the current thematic Task and Finish Groups, established via the Joint Forum, gave an update on the current work and progress of these groups. These cross sectoral groups made up of representatives from across the VCS and public sector membership of the Joint Forum are driving forward priority issues of interest identified via the Joint Forums current work plan.

The *Communication and Engagement Subgroup* is taking forward a range of agreed communication and engagement deliverables in support of the overall Joint Forum agenda and work plan, including ensuring the work of the Joint Forum is effectively communicated.

The *Funding Relationship between Government and the Voluntary and Community Sector Task and Finish Group*, is currently undertaking preparatory work on the development of recommendations to inform creation of a set Fair Funding Principles that will address key issues in relation to government funding practices and approaches to the VCSE sector.

Update on Panel Membership and Formal Note of Thanks to Outgoing VCS Panel Chair

The panel discussed recent changes to sector representation on the Panel. **Rachel Powell, formerly WRDA** has recently stepped down as a panel member and the panel wished to note their thanks to Rachel for her contribution to the work of the Panel and the Joint Forum.

As Secretariat NICVA, gave an update on the current recruitment process being taken forward for new/replacement VCS panel members. The deadline for sector nominations is now closed and confirmation of new appointments is expected by end October 22.

In addition, preparations for Anne-Marie stepping down in her current role as VCS Panel Member & Chair at the end of September, due to her retirement, were further discussed and agreed by the panel.

Denise Hayward, Volunteer Now was confirmed as **new VCS Panel Chair** and **Bob Stronge, Advice NI** as the **new Deputy Chair** (replacing Denise, who is currently undertaking this role)

Panel members wished to place on record a sincere note of thanks and acknowledgment to Anne-Marie for her significant contribution to the work of both the VCS Panel and the wider Joint Forum, noting the vision, leadership and drive she has brought to her role as Chair and to the work of the VCS panel and the Joint Forum.

Discussion on the Cost-of-Living Crisis and Agreement of a Position Statement

The panel discussed the growing cost of living emergency and in particular its impacts on not only the individuals and communities they serve but directly on sector organisations themselves. This includes VCS organisations capacity to respond due to the scale of the emergency and the unsustainable financial pressures of ever rising fuel and energy costs, which may force some organisations to close or reduce vital services, at a time when the sectors contribution is never more needed or in demand.

In response to the crisis, the Panel discussed and agreed proposals for a Position Statement which would set out their calls to Government in regard to the emergency .

In summary, the Panel are calling for the following :

1) Restoration of the NI Executive

The immediate restoration of the NI Executive to agree a multi-year budget and agree and deliver the policy solutions needed, including the implementation of targeted emergency measures. Political inaction in the face of such a crisis is simply not acceptable. The Northern Ireland Executive has significant policy-making powers, particularly regarding social security, that could be deployed to shield those most acutely at risk due to the cost-of-living crisis.

2) Dedicated Financial Support for the Voluntary and Community Sector

Urgent support from Government, is needed for the sector that is substantial enough to meet the scale of the challenge. We need an immediate inflationary/cost of living uplift to all public sector contracts, and a rate hiatus for community owned and managed assets without delay. Initiatives are needed to look at how community and voluntary sector organisations can address growing fuel and energy costs in the longer term, including investment in environmental and energy saving measures.

3) Targeted Support for Individuals and Families most acutely at risk

We support the urgent calls across civic society of the need for targeted supports for low-income individuals and households, including those in receipt of benefits. This includes the uprating of benefits in line with inflation/cost of living increases, a pause on reductions from Universal Credit for prior overpayments / sanctions, and the removal of the benefit cap and two-child limit.

Additional investment in energy efficiency measures and initiatives is also needed so that those on low incomes can affordably heat and power their homes both now and in the future.

It was agreed that the Panel would share this statement publicly and with Public Sector membership of the Joint Forum, in a committed effort to draw further attention to this crisis and for the need for dedicated action and support by Government, both nationally and locally.

For all queries (including press) regarding this statement please contact: Charlie Fisher, DTNI/JF VCS Panel Representative: Mobile: 075 95979642 Tel: 028 90 311132

Kathy Maguire - Policy Development Officer kathy.maguire@nicva.org

[Joint Forum Voluntary and Community Sector Representatives hold Panel meeting & agree Position Statement on the Cost-of-Living Crisis | NICVA](#)

Upcycling workshops (free)

Network Shed, Rainey Street, Magherafelt

Wednesday's & Thursday's 10:00am – 12:30pm

- ✓ Bring your own item
- ✓ We can supply items for you
- ✓ Enjoy meeting new people
- ✓ Learn a new skill



Workshops open to those who are 16 years + and who are not in full time training or work and who are interested in learning new skills or finding a job.

[Contact us for more information:](#)

 028 7963 1032

 info@networkpersonnel.org.uk

 DM us

**network
personnel**
Together Towards Employment



Department for the
Economy
www.economy-ni.gov.uk



Coalisland Training Services

Tel: 028 8774 8512 Fax: 028 8774 8695

Upcoming Course Listing available at:

www.coalislandtrainingservices.co.uk



Skills for Life and Work

Trainee allowance
£40 per week with
bonus payment
(benefits not affected)



Apprenticeships

Level 2 & 3 Diplomas
Hairdressing, Joinery,
Childcare,
Bricklaying,
Health and Social Care
1-1 support if required
in all areas
of training

Skills for Life & Work Courses

Childcare Bricklaying

Health & Social Care

Hairdressing Joinery

Retail Engineering

Telephone: 02887748512

Email:

info@coalislandtrainingservices.co.uk



Department for the
Economy
www.economy-ni.gov.uk

SKILLS
TO SUCCEED

Coalisland Training Services

CSR Supervisor Gold Card

CSR removed occupational assessments on 1st September 2019 and from this date all new Gold Supervisor cardholders must hold a Supervisor NVQ Level 3 or 4.

All gold cards being renewed that were originally issued on the basis of an occupational assessment, will expire on 31 December 2024, e.g., a Gold Supervisor card renewed in February 2022 will still expire on 31 December 2024, unless they hold a Supervisor NVQ Level 3 or 4.

LEVEL 4 NVQ DIPLOMA IN CONSTRUCTION SITE SUPERVISION (CONSTRUCTION)

Qualification No.: 603/7902/9

Qualification Overview

The NOCN Cskills Awards Level 4 NVQ Diploma in Construction Site Supervision (Construction) - Building and Civil Engineering qualification/pathway has been developed for achievement in a real workplace environment which means the learner must be employed to undertake this qualification.

This qualification/pathway enables the learner, to recognise their skills, knowledge and understanding as well as demonstrating their competence in the workplace when carrying out the role of a Site Supervisor.

Topics Covered In This Qualification

This NOCN Cskills Awards Level 4 NVQ Diploma in Construction Site Supervision (Construction) - Building and Civil Engineering qualification/pathway supports the learner to attain enabling, fundamental and transferable practical skills with associated underpinning knowledge.

The learner will learn key practical skills and knowledge in these mandatory and optional units.

Programme Outcomes:

- Achieve an NVQ Level 4 in Construction Site Supervision
- Recognised route to CSR/CSCS Supervisors Gold Card
- Develop technical skills and knowledge in Site Supervision techniques
- Keep updated with current management knowledge and processes

Programme Content:

- Planning & managing work
- Managing people in the workplace
- Managing resources in the workplace
- Maintaining legalities, standards and quality of workmanship

Programme Outline:

- 4 x half day workshops
- On-site NVQ Assessments & Observation
- Toolkit, practical templates and learning resources
- Witness Testimonies
- Job Knowledge Questions
- Professional Discussion (Recorded)
- RPL previous qualifications

CTS are now offering **NVQ LEVEL 4 DIPLOMA IN CONSTRUCTION SITE SUPERVISION**

CTS will be running the Level 4 NVQ Diploma in Construction Site Supervision. There is flexibility with dates and time, and my trainer may be able to meet candidate on a suitable date

Total cost is £1200 and CTS do not charge VAT.

This course is relevant for anyone with a CSR Gold Site Supervisor card, or who requires certification for their supervisory experience.

If you would like to book onto the Refresher, NVQ 4 course, or require any further info: Michael Daly:
Tel: 028 8774 8512



Augher Clogher Youth Group

FUN

Tuesday Nights
@Clogher Valley Community Centre
7:30pm-9:30pm

GAMES

14-17years
Free Entry



For More Information Contact.
Padraig McBrien
Mob: 07395 372852
Email: padraig.mcbrien@eani.org.uk



Aughnacloy Youth Group

Thursday Nights
@Scout Hall 16 Sydney Cres. **FUN**

Chill Out

14-17yrs.
7pm-9pm



Free Entry.

For more information Contact.

Padraig McBrien
Mob: 07395 372852
Email: padraig.mcbrien@eani.org.uk





St. Patrick's
Youth Club
Donaghmore



**We're
Back!**

PARENTS
come along and
register your child for
**Donaghmore
Youth Club**

REGISTRATION **Mon. 26th Sept. 2022 / 7 - 8pm**
£5 membership. Can be paid on the night

Will run Mondays 7-9pm
Suitable for 8 - 13 year olds

PLEASE NOTE: **Must be registered to attend**

PLACES ARE LIMITED

stpatricksyouthcentre@hotmail.com



ParentingNI



COST OF LIVING TOP TIPS AND LOOKING AFTER YOUR MENTAL HEALTH

Employers For Childcare

This FREE online session, in partnership with Employers for Childcare, will explore supporting parents with the rising cost of living and also support parents emotional and mental health

Join us during
Parenting Week for a

PARENT WORKSHOP

TUESDAY 18TH OCTOBER 2022

10-11AM

ONLINE VIA ZOOM

**To Register call the
Support Line: 0808 8010 722**

parenting .org

**Positive
Ageing
Month**
October

Mid Ulster Positive Ageing Month Events

Activities, taster sessions
and informative online talks.



More events added online
www.midulstercouncil.org/positiveageingmonth2022



October is Positive Ageing Month

Please see attached Mid Ulster's Positive Ageing Events and activities for October 2022 at: [Positive Ageing Month 2022 | Mid Ulster District Council \(midulstercouncil.org\)](http://www.midulstercouncil.org/positiveageingmonth2022)

Keep an eye also on our social pages to keep updated on the range of events and activities taking place throughout the month of October.

There will be limited hard copies of the booklet available. Please make contact with myself if you would like a copy. Please note programmes were correct at time of publish.

Raisa Donnelly - Age Friendly Co-ordinator
Mid Ulster District Council | Ballyronan Road | Magherafelt | BT45 6EN
Tel: **03000 132 132** Mob: **07553379721**



**LIVE HERE LOVE HERE
POINTLESS PLASTIC POLLUTION PHOTOGRAPHY COMPETITION**

THE BIG POINTLESS PLASTIC PHOTOGRAPHY COMPETITION

SEE IT. SEND IT.

Open to all amateur and professional photographers aged 16+

Closing date:
11th November 12pm

With cash prizes for best entries
**FIRST PRIZE
£500**
SECOND £200
THIRD £100

Help capture plastic pollution at www.livehereandlovehere.org/plasticpromise

Terms and conditions apply

EXPOSE IT.



#TacklingPlasticNI



Live Here Love Here is launching a PHOTO CONTEST for pictures related to plastic pollution and the damage it is causing to both the environment and our own health.

Hosted by Keep Northern Ireland Beautiful's civic-pride partnership campaign Live Here Love Here, The Big Pointless Plastic Photography Competition aims to capture powerful images of the endemic plastic pollution endangering our environment, to expose the full extent of the problem.

Entries for the competition are now open, and participants have **until Friday 11 November, 12pm to submit one image of plastic pollution found in Northern Ireland.**

The competition is open to all professional/amateur photographers who live in Northern Ireland and who are aged 16 and above. All photos must be taken in, and feature a suitable area of, Northern Ireland, with both traditional camera and mobile-phone submissions permitted.

The competition prizes are: **1st prize £500, 2nd prize £200, 3rd prize £100.**

Live Here Love Here will use the images to raise further awareness of the issue and educate the public, councils, schools and businesses on the problems plastic causes to wildlife, the environment and our own health. To ensure that all contestants are committed to eliminating plastic pollution on a personal level, they will be asked to sign or update their own 'Plastic Promise' as part of the competition's terms and conditions.

To enter The Big Pointless Plastic Photography competition, please visit

www.livehereandlovehere.org/plasticpromise.



**COSTA is assisting groups to Register with the CCNI
and to submit Annual Returns.**

Contact Loraine Tel: 028 855 56880

or email: info.costa@btconnect.com



Volunteer Now Enterprises Ltd

TWO special offers on our training in November!

Offer 1:

Book on all four Building Foundations courses in November and get a FREE place on any volunteer management course of your choice.*

- ▶ The New Environment: Recruit, Retain, Reward | 1 Nov
- ▶ The New Environment: Volunteer Induction | 3 Nov
- ▶ The New Environment: Support & Supervision | 9 Nov
- ▶ The New Environment: Volunteers & the Law | 10 Nov

Offer 2:

Book on all four Leadership courses in November & December and get a FREE place on any volunteer management course of your choice.*

- ▶ Thinking of Myself as a Leader | 15 Nov
- ▶ Leadership & Why it Matters | 17 Nov
- ▶ Leadership & Working with Teams | 29 Nov
- ▶ Leadership & Dealing with Conflict | 1 Dec

Also happening in November, we have Sessions 2, 3 & 4 of our new Inclusion, Equality & Equality courses, which are taking place 'in-person'!

Find out more and book your places on any or all of the above, here

<https://www.volunteernow.co.uk/training/courses-scheduled/>

* To be used within December 2022 – March 2023. The free course is NOT available for any safeguarding courses.

Volunteer Now Enterprises Ltd enterprise@volunteernow.co.uk

Tel: 028 9023 2020

Mid Ulster District Council Useful information & Support for Winter

<https://www.midulstercouncil.org/resident/health-wellbeing/blind-cord-safety>

To access information on the schemes click the relevant links below:

- ✓ [Fuel Stamps](#)
- ✓ [Energy Efficiency Scheme](#)
- ✓ [Home Safety Scheme](#)
- ✓ [Make A Change](#)
- ✓ [Blind Cord Safety](#)
- ✓ [Community Life Saving](#)
- ✓ [Mid Ulster Macmillan Move More](#)
- ✓ [PARS Scheme](#)
- ✓ [Affordable Warmth](#)
- ✓ [Mental Health Support Services](#)
- ✓ [Get Out Get Active Programme](#)



Community Foundation NI

Currently have a number of funds
OPEN FOR APPLICATIONS:

Diversity, Equity & Inclusion Fund

Telecommunity Fund

Micro Community Investment Fund

Pressure Group Fund

6 X Wind Farm Funds

Please find below the link to our grants page for further details:

<https://communityfoundationni.org/achieving-impact/available-grants/>

<http://www.communityfoundationni.org/apply>



Services for Older People

Agewell Mid Ulster has a new Webpage:

[Agewell | Mid Ulster AgeWell \(agewellpartnership.org\)](http://agewellpartnership.org)



The Libraries NI
October 2022
Zoom Programme
is available on the
Libraries NI
website:
[Go On virtual events
\(librariesni.org.uk\)](https://librariesni.org.uk)

Sign up for a free Zoom session on any of the following topics:

- iPads
- Emails
- Messenger
- Androids
- Scams
- WhatsApp
- Kindle
- eBooks
- eMagazines
- Skype

See our Zoom programme for more details or visit librariesni.org.uk



SUSE+ South West College

For the latest information you can
view at

[SUSE+ Mid Ulster | Facebook](#)

Directory of services to help
improve mental health and
emotional wellbeing

Southern area 2020



[CLICK HERE to view the Services Directory for Southern Trust area](#)

[CLICK HERE to view the 'Minding your head' wellbeing resource](#)

Useful Links



NICVA

Link to NICVA's Funding information Page:

<https://www.nicva.org/covid19/funding-and-fundraising-covid19>



NI Direct

Extremely comprehensive information website for all citizens on all NI Government Services: <https://www.nidirect.gov.uk/>

If your personal finances are affected visit:

<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-and-benefits>



Department of
**Agriculture, Environment
and Rural Affairs**

For the latest news and funding information from DAERA please visit [Grants and funding | Department of Agriculture, Environment and Rural Affairs \(daera-ni.gov.uk\)](#)



Consumer Council NI

Coronavirus: Consumer and Scams Advice for Northern Ireland

Consumers: www.consumercouncil.org.uk/coronavirus



MUD Council Community Response Hub & Interactive Map

MUDC Residents can now access community support near them with the click of a button, via Mid Ulster District Council's interactive online map and community response hub.

The online hub provides details of the many local groups and organisations offering help including community groups, food

banks, pharmacies delivering prescriptions and local shops offering food delivery services. Access the community response hub here: <https://mid-ulster-council-covid-19-response-midulster.hub.....>

JobCentre Online NI

Vacancies Notified To The *Northern Ireland*
Employment Service

Job Centre On-line

There are many employment opportunities out there at present with many employers urgently seeking workers: <https://www.jobcentreonline.com/JCOLFront/Home.aspx>



NI Business Info

For very comprehensive information on the full range of support and grants for Businesses under Covid-19:

<https://www.nibusinessinfo.co.uk/campaign/coronavirus-updates-support-your-business>

NI Business Grants Finder: [Northern Ireland business support finder | nibusinessinfo.co.uk](#)



Helplines NI

listen. support. inform

CORONAVIRUS (COVID-19) UPDATE

All of the helplines listed on this website are still operational unless otherwise stated and are continuing to provide information, advice and guidance on a wide-range of health and wellbeing needs. Please use the search box below to find a helpline and to speak to someone today.

A number of new helplines have been established in response to the Coronavirus (COVID-19) global pandemic and are providing topic specific information and advice in relation to COVID-19

View list of
Coronavirus
(Covid-19)
helplines



Click here to access the Helplines NI Website:

<https://helplinesni.com/>



Home About **Find Help Near Me** Guide Me Inspire Me Young Hub Urgent Help

Find HELP NEAR YOU

Category

Search for

Near



Get connected to support services & helpful organisations in your area using our digital directory. We're in the process of expanding to include all regions across NI!

Find help locally

[Home » Find Help NI » Find the right help at the right time.](#)

STEP: Mid Ulster Advice Service



STEP Advice and Support Services Offices are now closed to the public,
Our Dungannon, Magherafelt and Cookstown offices are still responding to phone calls.
We will be providing telephone advice services will be available during the following times.

Phone Line is operational from 9am -5pm

To contact STEP by phone call:

Dungannon - 02887750211 Cookstown - 02886761875 Magherafelt – 02879633079



Do you need advice?



FREEPHONE

0800 915 4604

www.adviceni.net

make the call

Benefits and Financial Support
December results

During the last month there were...

3026 people who Made the Call

1260 potential new entitlements to
benefits and other supports/services

Get in touch to find out if we can help you

Call 0800 232 1271

Northern Ireland only. Calls are free from landlines and mobiles when calling from within the UK.



Department for
Communities
www.communities-ni.gov.uk

An Roinn
Pobal

Department for
Commonities

HSC Health and
Social Care

Free online

stress

control

classes



www.ni.stresscontrol.org

<https://ni.stresscontrol.org/stress-control/>

Contact the Carers NI
Adviceline on 028 9043 9843
from Monday to Thursday,
9am-1pm



Want to Get On-line?

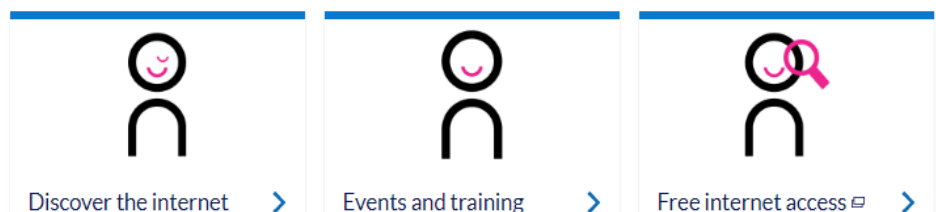
For more
information on
**Events, Training
and free internet
access via Libraries**

NI:
[Go ON NI |
nidirect](#)



Go ON NI makes getting online easy

Go ON NI highlights the benefits of being online. It brings together all the wonderful initiatives, places and tools to help and encourage off-liners to become internet beginners.





Looking forward to seeing local Groups ...

If your Group requires Grant Tracker / Funding Search, help completing Funding Applications / Returns, support or information on Charity Registration, Charity Annual Returns, Policies & Procedures, Governance, Meeting & Committee Skills, Project Development, Training, Hall & Organisational Sustainability, Village Development, Ideas Generation, Action Plans, Community Planning, Guidance or any other practical assistance ...

We are assisting groups on a one-to-one basis in the South Tyrone area via Outreach and at our Office in President Grants.

All services are FREE

Contact Loraine Griffin in COSTA

Tel: 028 855 56880

Email: info.costa@btconnect.com

COSTA

FREE

Training & Information Workshops 2022 / 2023

1. **A Quick Whizz around Zoom** – A quick guide to using Zoom / online meetings and events made simple.
2. **Planning & Running (Online) Meetings & AGMs** - Helpful guidance for on-line and face-to-face meetings.
3. **Reopening Your Community Facility - A Practical Guide** - Practical Covid-19 guidance for Halls.
4. **A Quick Guide to GDPR (Data Protection)** – Preparing your group / organisation for and understanding new Data Protection requirements.
5. **Charity Registration Information Workshop** - Helpful practical guidance for the Charity Commission Registration process – *direct practical assistance also available to all groups on request.*
6. **Charity Annual Returns Information Workshop** – Helpful practical guidance for the Charity Annual Returns Process – *direct practical assistance also available to all groups on request.*
7. **Funding Readiness / Be Funding Ready** – Preparing for and securing Funding for your group / organisation.
8. **Good Group / Organisational Governance** - Update on *newly revised Code of Good Governance.*
9. **Committee Member Roles & Skills** – Handy information on roles and duties and how to be more effective.
10. **Running Effective Meetings** – Handy tips on running effective, productive meetings and ensure good governance.
11. **Limited Company Governance & Director Responsibilities** – Useful Updates on Legislation and requirements for Directors & Ltd Co's.

11. **Ltd Company Director Responsibilities During Covid-19** - Legal Requirements for Ltd Companies and Directors during Covid-19.
13. **Promoting Group / Hall Sustainability** – Helpful hints for groups and halls aiming for greater future sustainability.
14. **Introduction to Social Economy & Preparing to Tender Workshop** – For groups new to the public tendering process and how to start preparing for Tendering.
15. **Social Economy & Sustainability** – Ideal for groups to think about / plan for sustainability.
16. **Grants Vs Tenders** – The differences and how to be more effective in securing appropriate funding.
17. **Human Rights / Human Rights Act (1998)** – A handy Guide and introduction.
18. **Diversity Inclusion & Anti-Racism** – Myth busting, enjoyable and challenging - good for all groups / organisations.
19. **Equality, Inclusion & Good / Community Relations** - Suitable for all groups / organisations.

Many more on offer ...

Free for local Community organisations

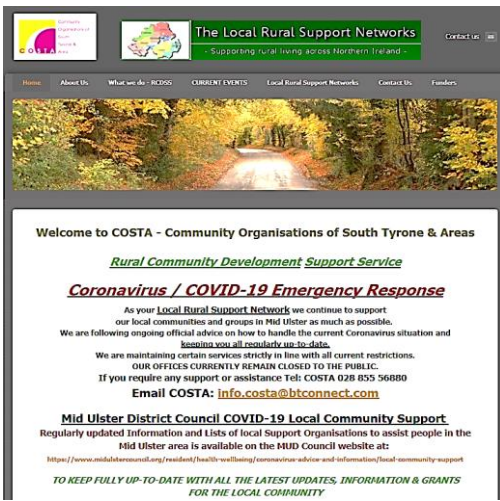
Bespoke & other Sessions can also be offered

Tel: 028 855 56880 or email: info.costa@btconnect.com

Contact COSTA if your group would like any training or practical assistance

To book or express interest contact COSTA:

Tel: 028 855 56880 or email: info.costa@btconnect.com



To keep fully up-to-date with the latest Newsletters, Funding Bulletins, Grants, Guidance, Information and Events go to
our
Coronavirus / COVID-19 Response & Recovery Hub:

www.costaruralsupportnetwork.org



Department of
**Agriculture, Environment
 and Rural Affairs**

For the latest news and guidance from DAERA in relation to COVID-19 please visit: <https://www.daera-ni.gov.uk/landing-pages/daera-and-covid-19>

STOP AND THINK
SAFE
 SLURRY ANIMALS FALLS EQUIPMENT

**Always
 Farm
 Safe!**

Kind regards and stay safe everyone ;)

COSTA is funded by Department of Agriculture, Environment & Rural Affairs (DAERA) through DAERA's Rural Community Development Support Service (RCDSS)

Tackling Rural Poverty & Social Isolation Programme and Mid Ulster District Council
 The European Union's PEACE IV Programme managed by the Special EU Programmes Body (SEUPB)

Registered Company in Northern Ireland No: NI 42832

Registered with the Charity Commission for Northern Ireland NIC101598



Department of
**Agriculture, Environment
 and Rural Affairs**



Comhairle Ceantair
**Lár Uladh
 Mid Ulster
 District Council**

Peace 
 Northern Ireland - Ireland
 European Regional Development Fund



www.communities-ni.gov.uk

Communities
 for Northern Ireland

For
 Northern Ireland

Communities
 for Northern Ireland