



Your Local Rural Support Network



The Local Rural Support Networks

- Supporting rural living across Northern Ireland -

COSTA Community Newsletter

January 2018

COSTA
Local Rural Support Network

**Rural Community
Development Support
Service**
(Mid Ulster Zone)



Department of
**Agriculture, Environment
and Rural Affairs**



Comhairle Ceantair
**Lár Uladh
Mid Ulster**
District Council



HAPPY NEW YEAR!

COSTA

'Open Door Support Day'

Wed 21st February 2018

**Book now to receive a one-to-one
support session – for community
groups at COSTA in
President Grant's Homestead.**

**The following time slots are available and
will be offered on a first-come, first-serve
basis – note that pre-booking a time slot
in advance is essential:**

1. 9:30am – 11:00am
2. 11:30pm – 1:00pm
3. 2:00pm – 3:30pm
4. 3:30pm – 5:00pm
5. 5:30pm – 7:00pm
6. 7:30pm – 8:30pm

***Would your Group
like any assistance?***

**Does your group have any Skills, Training,
Support, Funding or Information needs?**

Outreach Service available

Please contact COSTA

Tel: 028 855 56880

Email: info.costa@btconnect.com

**Community Organisations of South Tyrone
& Areas Ltd**
President Grants Homestead
45 Dergenagh Road
Dungannon BT77 0DE

Tel: 028 855 56880 Fax: 028 855 56881

Email: info.costa@btconnect.com

Web:

www.costaruralsupportnetwork.org

Facebook: Board Costa

EVERYONE WELCOME!

**To book any of the above events please
contact the COSTA office**

Tel: 028 855 56880 or

Email: info.costa@btconnect.com

COSTA Newsletter

COSTA **Upcoming Events & Workshops**

- COSTA 'Charity Registration & Annual Returns' Information Workshop (every 6 weeks)
- COSTA 'Open Door Support Day' (one per month)
- COSTA 'Energy Efficiency in the Home' Info Session - details TBC.
- COSTA 'Waste & Recycling' Info Session - details TBC.

--- MORE TO FOLLOW SOON ---

Fuel Stamp Saving Scheme



Joining the Mid Ulster fuel stamp scheme can help you save to meet your fuel costs.

How does it work?

- Simply pick up a free collection card from any participating retailer.
- Buy £5 fuel stamps when you can and stick them in to your card.
- When your card is full, you will have saved £200 towards your next order of fuel.
- Don't worry if you need oil and your card is not full. You can use a partly completed card towards the cost of paying.
- When you need fuel, simply contact any of the participating suppliers to agree the price and delivery.
- Remember to tell the supplier you are paying or part-paying with a fuel stamp card.

If you already have a Cookstown, Dungannon or Magherafelt collection card and stamps, you can continue to use them along with the new Mid Ulster stamps when they become available.

Related Documents can be downloaded:



Oil Stamp Saving Scheme Retailers [101KB]



Oil Stamp Saving Scheme Supplier List [101KB]

Rural Support offers a listening and signposting service for farmers and rural families across NI via face to face support, information and advice about business finance and debt, single farm payments, benefits, mental health assistance and many other issues.

Tel: 028 8676 0040

Email: info@ruralsupport.org.uk

Website: www.ruralsupport.org.uk



Confidential Helpline: 0845 606 7607

Helpline Hours have recently been amended - please see the below details:

Rural Support Confidential Helpline 0845 606 7607

Available from: Monday to Friday

9:00am – 9:00pm

COSTA WORKSHOPS **AVAILABLE TO LOCAL GROUPS**

- **'Charity Registration & Annual Returns'** Information Workshop (practical support also available on request).
- **'Preparing for Sustainability'** Workshop – Available to groups on request. (Helpful guidance for groups and halls aiming for greater future sustainability).
- **'Introduction to Social Economy & Preparing to Tender'** Workshop – Available to groups on request. (For groups new to the public tendering process and how to start preparing for Tendering).
- **'Good Company & Director Governance'** – Available to groups on request (particularly suitable for Directors & Ltd Companies).
- **'Committee Skills & Roles'** – Available to groups on request (particularly suitable for newer / grass roots groups).
- **'Human Rights' / 'Human Rights Act (1998)'** – Available to groups on request (suitable for all).
- **'Diversity Inclusion & Anti-Racism'** – Available to groups on request (suitable for all groups / orgs).
- **'Equality, Inclusion & Good / Community Relations'** – Available to groups on request (suitable for all).

-- Can be held in out in rural locations --

Contact COSTA Tel: 028 855 56880 or

info.cost@btconnect.com

COSTA Newsletter

COSTA Rural Community Development
Support Service (RCDSS)

COSTA provides a FREE

Outreach Support Service

to local Member Community /
Development Groups and Charities to
increase capacity and access to
funding throughout the Dungannon &
South Tyrone area –

To book an appointment contact
Lorraine Griffin on Tel: 028 8555 6880 or
email: info.costa@btconnect.com



Winter Gala

Saturday 3rd February 2018
Corrick House Hotel, 7.30pm
Tickets £30

Drinks Reception
Four Course Meal
Live Music by Infinity
Auction, Raffle & Mystery guest

For Tickets Contact
Barry Williamson 07756223553

Sponsored by **star**

LEUKAEMIA & LYMPHOMA

#AliMemories

Always FarmSAFE!

STOP AND THINK

SAFE

SLURRY ANIMALS FALLS EQUIPMENT

Free Farm Health & Safety Workshops

Tel: 028 8676 6980 to Register a place as
Pre-booking is essential

Stop & Think
Farm Family Key Skills
Health & Safety Training

- Farm Health & Safety Workshop
- Delivered 'on-farm'
- Free to Farmers, Farm Families and Employees
- Topics include Slurry, Animals, Falls & Equipment
- Overview of the Making it Safer Tool

UPCOMING DATES: (ALL WORKSHOPS START AT 7PM)

Tuesday 16 th January, Ballycastle	Thursday 22 nd February, Tandragee
Tuesday 23 rd January, Newtownards	Tuesday 27 th February, Roslea
Thursday 25 th January, Swatragh	Wednesday 7 th March, Ballymena
Thursday 1 st February, Coagh	Wednesday 14 th March, Hilltown
Thursday 8 th February, Omagh	Wednesday 21 st March, Donemana
Tuesday 20 th February, Eglinton	

An off-farm workshop will also take place in Ballymena on 23rd January 2018

ADVANCE REGISTRATION FOR ALL WORKSHOPS IS ESSENTIAL!

Register online at www.cafre.ac.uk/industry-support or for further information please contact the Farm Family Health and Safety team on Tel: 028 8676 6980



COSTA Newsletter

Mid Ulster District Council

Grants 2018 / 2019



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council

Mid Ulster
DISTRICT COUNCIL
www.midulstercouncil.org

**TO APPLY FOR A 2017/18 ROLLING GRANT
PLEASE [CLICK HERE](#)**

GRANT AID PROGRAMME 2018 / 2019

Applying for grants from Mid Ulster District Council is now quick and easy with an online application process.

**Applications for all grant programmes will
open on Monday 5th February 2018
(except those listed as a rolling programme) and
close on Friday 16th March 2018 at 3:00pm.**

Grants will be available in the categories listed below. For more information and detail on each of the programmes, you can download the Grant Aid Guidance in the 'related document' section below, which also identifies key officers who will be able to offer advice and support. It is important to read the guidance document and then speak with the identified Grant Officer prior to completing an application.

Sports Grants:

- Small Sports
- Sports Capital
- Strategic Sports Development
- Sports Representative Individuals/Teams (rolling programme*)

Community, Arts, Culture Grants:

- Small Arts, Culture, Heritage & Community
- Community Venues
- Strategic Arts & Culture Development
- Strategic Community Development
- Strategic Events Grant
- Community Festivals (rolling programme*)

Good Relations:

- Good Relations (rolling programme*)
- Peace VI Grant - [click here to find out more about the PEACE IV Grants Programme](#)



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council

Mid Ulster
DISTRICT COUNCIL
www.midulstercouncil.org

**MUDC GRANT ADVICE CLINICS
WILL BE HELD AT 7:00PM – 9:00PM:**

13th February
Council Office, Cookstown

14th February
Council Office, Dungannon

15th February
Council Office, Magherafelt

Following the closing date, subsequent assessment of applications will go forward as recommendations to the Councils Development Committee on the 11th April, to be ratified at the full Council meeting on the 26th April. Correspondence on outcome of applications will then be issued first week of May. For activity that falls within these dates applicants are advised to proceed at risk (acknowledging any potential support from Council) until they know the outcome of the decision making process.

ROLLING GRANT PROGRAMME

Applications can be made for grants in the Sports Representative (club and individual) Community Festivals and Good Relations categories on a rolling basis throughout the year, and there are funding programmes that operate on an open/close basis throughout the year.

GOOD RELATIONS AND PCSP STRATEGIC PLANS

The Council's Good Relations section and Mid Ulster Policing and Community Safety Partnership are currently developing their Action Plans for 2017/18. If you would like to engage or partner with the Council on these plans, please contact the PCSP or Good Relations team on 03000 132 132.

Download Grant Aid Guidance Notes:



[Grant Aid Guidance 2017 - 18 \[257KB\]](#)

COSTA Newsletter

SERVICES FOR COMMUNITIES



Rural Support offers a listening and signposting service for farmers and rural families across NI via face to face support, information and advice about business finance and debt, single farm payments, benefits, mental health assistance and many other issues. **Tel: 028 8676 0040** **Email: info@ruralsupport.org.uk** **Website: www.ruralsupport.org.uk** **Confidential Helpline: 0845 606 7 607**



RYE Connect - Rural Youth Entrepreneurship Programme (RYE) is an entrepreneurship and developmental programme for young people aged between 16–30 yrs. We offer outreach activities to engage young people in rural areas to consider the potential of enterprise development and self-employment through a series of workshops, networking events and interactive online tools. Contact Gail Lees, Programme Officer **Tel: 028 867 66980** **Email: grees@rdc.org.uk** **Web: www.rdc.org**



CDM Community Transport offers flexible, affordable community transport services for individuals and community groups. CDM offers access to vital local services: post offices, shops, doctors, local health services. CDM also offers **Assisted Rural Travel Scheme (ARTS)** - only available to rural dwellers who have a valid Smart pass on CDM's Dial a lift. **For further information contact the Dungannon Branch Office: Tel: 028 877 29714.**



The Farm Families Health Checks Programme consists of a mobile screening bus which will visit local farmers' markets and rural community events to offer on-the-spot health checks consisting of blood pressure monitoring, BMI, cholesterol and diabetic screening. In addition, individual lifestyle advice will be given on a range of health issues and onward referral to local support services as required. For further information Contact Elaine Catterson: **Tel: 028 2563 5573** **Email: elaine.catterson@northerntrust.hscni.net**



Farm SAFE aims to increase awareness of farm safety and to reduce work related fatalities and injuries on farms. We advise farmers to stop and think about the **four main farm hazards Slurry, Animals, Falls and Equipment (SAFE)**. For Confidential advice on workplace health and safety call our **Freephone Number: Tel: 0800 0320 121** **Web: <http://farmsafe.hseni.gov.uk>**



Libraries NI has a host of fabulous services and exciting events that will lead you on a journey of discovery. You can join the library at any age and membership is free. It is free to borrow books, eMagazines and use computers. There 98 public libraries and mobile stops across NI so you will be sure to find one near you. **For all general enquiries call the Customer Support Line: 0345 4504 580** **Web: www.librariesni.org.uk**



SUSE+ Employability Programme provides support, guidance and qualifications to unemployed and economically inactive adults (aged 16+) to progress into sustainable employment. SUSE+ provides intensive 1:1 mentoring support, qualifications and specialised training to ensure all participants are fully equipped to meet the demands of today's labour market. Contact: **Marie Skelton Tel: 0744 253 1665** **Web: <http://www.swc.ac.uk>**



Social Enterprise NI (SENI) is the voice for Social Enterprises and Social Entrepreneurs in Northern Ireland, connecting, supporting, developing and sustaining vibrant businesses to create social change. **Tel: 028 9046 1810** **Email: info@socialenterpriseni.org** **Web: www.socialenterpriseni.org**

Mid Ulster to Benefit from £8m in Rural Development Funding via Mid Ulster Rural Development Partnership Local Action Group



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council

Mid Ulster
DISTRICT COUNCIL
www.midulstercouncil.org

With two thirds of our residents living in rural areas, Mid Ulster has a focus on supporting its rural communities and rural enterprise.

A new Local Action Group for Mid Ulster has now been formed. Mid Ulster Rural Development Partnership will take forward the delivery of Priority 6 funding under the new 2014-2020 Rural Development Programme in partnership with Council.

A range of Support Measures are available including support for capital investments in creation and development of non-agricultural activities in rural areas for all micro and small enterprises.

Capital grants are available for start-up or expansion of rural business, including farm diversification and private tourism businesses.

For information on **LEADER NI Rural Development Programme** funding and the application process, contact the **Rural Development Team** at Mid Ulster District Council on **Tel: 028 8676 4714** **Email: eamon.gallogly@midulstercouncil.org** **Website: www.midulsterrdp.org**



COSTA Newsletter

Services for Older People



Age NI is the leading charity for older people in N.I. They deliver care services, provide advice and advocacy, fundraise and influence our decision-makers to improve later life for us all. The Age NI Advice and Advocacy Service offers free, independent and confidential support to older people, their families and carers on a range of issues including: Welfare benefits, Community care, Residential and nursing care, Housing and health. **Age NI Advice Service: call Freephone 0808 808 7575**



Mid Ulster Seniors Network (an Age NI Sub-Regional local Network) motto is "Together we are Stronger". **Contact: Elaine Simpson Telephone: 028 9024 5729 or Email: musn.olderpeoplesnetwork@gmail.com or Anita Kelly Tel: 078 141 96935 anita.kelly@ageni.org**



Agewell is a Local Partnership aimed at improving services for the Older People in the Community in the Mid Ulster Area Services: Good Morning Call – a free telephone care service for the over 50 and vulnerable five mornings a week, Monday to Friday to contact members for a social chat and to check on their wellbeing, Advice, Information and Signposting, Home Maintenance Worker, Training, Social Events, Access to Benefits, Fuel poverty, Intergenerational Work, Volunteering opportunities. **Contact: Marie Devlin Email: shauna.kehoe@agewellpartnership.org**



GMN Good Morning Neighbour is a FREE 365 Day a Year telephone call and befriending service for older and vulnerable adults in the Armagh City & District and Dungannon & South Tyrone Borough Council areas run by Community & Voluntary Services / Armagh & Dungannon Voluntary Bureau. If you or someone you know would like to benefit from these services and live within the catchment area, or would like more information call Siobhan on Tel: **028 8772 9690** or Email: gmnproject@live.co.uk Web: www.youcanhelp.org



Computer classes



Go ON is an exciting support/training programme for people who want to find out more about technology and computers in a relaxed environment and at their own pace. These computer courses are held in local libraries with experienced staff on hand to help. Go ON allows people to enhance their computer skills by offering help to do lots of everyday tasks on the computer. Go ON sessions are free but you must be a library member to participate. Library membership is free for everyone. To join all you need to do is bring a form of identification with proof of address.

Contact the library directly to book your place.

Interested in signing up to one of these free courses?

Call into or contact your local library. For details of a library near you, contact -

Customer Support Line t: 0345 4504 580

(Monday - Thursday 9:00am - 8:00pm Friday 9:00am - 5:00pm

Saturday 10:00am - 4:00pm)

or go to the Libraries NI website - www.librariesni.org.uk

Library Services

From books and magazines to local history resources, Libraries NI has a host of fabulous services and exciting events that will lead you on a journey of discovery.

You can [join the library](#) at any age and membership is free. It is free to borrow books, eMagazines and use computers. Some charges apply for other items and services such as requests for books - [view charges information](#).

With 98 public libraries and mobile stops across Northern Ireland you will be sure to find one near you. You can use your library card at any public library in Northern Ireland. This means you can borrow items from one library and return them to another.

Branch Manager / Contacts:

Elizabeth Synnott-Telford and Debbie Trotter

t: **028 8772 2952**

f: **028 8744 0623**

Minicom: **028 8772 2952**

e: dungannon.library@librariesni.org.uk

COSTA is funded by
Department of Agriculture, Environment & Rural Affairs through DAERA's Rural Community Development Support Service
Tackling Rural Poverty & Social Isolation Programme and Mid Ulster District Council

The European Union's PEACE IV Programme managed by the Special EU Programmes Body (SEUPB)

Registered Company in Northern Ireland No: NI 42832

Charity Registration in NI: NIC101598

ISO 9001:2008 Cert: FS 536859

