COSTA *Community Newsletter*

June 2018

COSTA
Local Rural Support Network

Rural Community Development Support Service
(Mid Ulster Zone)

Department of Agriculture, Environment and Rural Affairs
Comhairle Ceantair Lár Uladh Mid Ulster District Council

Would your Group like any assistance?

Does your group have any Skills, Training, Support, Funding or Information needs?

Outreach Service available

Please contact COSTA
Tel: 028 855 56880
Email: info.costa@btconnect.com

Community Organisations of South Tyrone & Areas Ltd
President Grants Homestead
45 Dergenagh Road
Dungannon BT77 0DE

Tel: 028 855 56880 Fax: 028 855 56881
Email: *info.costa@btconnect.com*
Web:
www.costaruralsupportnetwork.org
Facebook: Board Costa

COSTA 2018 AGM

&

Funding Readiness Information Session

Thursday 28th June 2018

Aghaloo Hall
Moore Street
Aughnacloy

7:00pm – 8:30pm

- Refreshments served -
- Please book places in advance -

EVERYONE WELCOME!

To book any of the above events please contact the COSTA office
Tel: 028 855 56880 or
Email: info.costa@btconnect.com

COSTA Newsletter

COSTA
Upcoming Events & Workshops

- **COSTA 'Charity Registration & Annual Returns' Information Workshop (every 6 weeks)**
- **COSTA 'Open Door Support Day' (one per month – dates TBC soon).**
- **Community Information Event / Funding Fair – September / October 2018 – details TBC soon.**

--- MORE TO FOLLOW SOON ---

COSTA WORKSHOPS AVAILABLE TO LOCAL GROUPS

- **'Charity Registration & Annual Returns'** Information Workshop (practical support also available on request).
- **'Preparing for Sustainability' Workshop'** – Available to groups on request. (Helpful guidance for groups and halls aiming for greater future sustainability).
- **'Ensuring GDPR Good Practice'** Workshop – Available to groups on request. (Helping small groups to ensure compliance and good practice in Data Protection).
- **'Good Company & Director Governance'** – Available to groups on request (particularly suitable for Directors & Ltd Companies).
- **'Committee Skills & Roles'** – Available to groups on request (particularly suitable for newer / grass roots groups).
- **'Funding Readiness'** – Available to groups on request (suitable for all).
- **'Promoting Social Inclusion'** – Available to groups on request (suitable for all groups / orgs).

Can be held in out in rural locations
Contact COSTA
Tel: 028 855 56880
info.costa@btconnect.com

ENGAGING RURAL COMMUNITIES (ERC) PROGRAMME

This is a new and exciting project being delivered by local Rural Support Networks CWSAN & COSTA. **This project is supported by the European Union's PEACE IV Programme and is managed by the Special EU programmes Body (SEUPB) in partnership with Mid Ulster District Council.**

Community groups within the Mid Ulster District Council are being invited to contact Community Engagement Officer Jennifer for potential inclusion in this project. The project has been developed for those groups at early stages of development who are interested in developing their capacities to undertake cross community activities and develop shared projects in the same area, neighbouring area or with a group of similar interest.
A small grant will be available for up to 20 groups across mid Ulster rural areas to work on a partnership project.
The official launch of the project took place on 1st March and local groups are being encouraged to apply for inclusion in the project.

The Rural Communities Programme will be run over a period of 2.5 years and will take groups through 4 phases of development, providing training sessions, facilitation and mentoring throughout. Groups are most welcome to speak directly to Jennifer Hamilton, the projects new Community Engagement Officer, who will assist you ascertain how and if you might fit the projects criteria. It is expected that there will be huge interest from rural community organisations and thus there will be a process of selection at early stages. Those groups who are from marginalised sectors within the council area will be prioritised in selection.
Jennifer has been appointed as the Community Engagement Officer and has a wide range of experience in single identity and cross community work, working with a wide range of groups and funding bodies.

Jennifer can be contacted from Wednesday to Fridays only in the Crieve Centre, Stewartstown on 028 87 738845 or via email at jennifer@cwsan.org

Peace Northern Ireland - Ireland
European Regional Development Fund

Comhairle Ceantair Lár Uladh Mid Ulster District Council

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COSTA Rural Community Development Support Service (RCDSS)

COSTA provides a FREE

Outreach Support Service

To local Member Community / Development Groups and Charities to increase capacity and access to funding throughout the Dungannon & South Tyrone area –

To book an appointment contact Loraine Griffin on Tel: 028 8555 6880 or email: info.costa@btconnect.com

Department of Agriculture, Environment and Rural Affairs

Rural Support offers a listening and signposting service for farmers and rural families across NI via face to face support, information and advice about business finance and debt, single farm payments, benefits, mental health assistance and many other issues.

Tel: 028 8676 0040
Email: info@ruralsupport.org.uk
Website: www.ruralsupport.org.uk

Rural Support
listening · guiding · connecting

FREE Confidential Helpline: 0800 138 1678 *(new number)*

Helpline Hours have recently been amended - please see the below details:

Rural Support Confidential Helpline 0845 606 7607
Available from: Monday to Friday 9:00am – 9:00pm & Voicemail

Always Farm SAFE!

STOP AND THINK

SAFE

SLURRY **A**NIMALS **F**ALLS **E**QUIPMENT

Mid Ulster DISTRICT COUNCIL
www.midulstercouncil.org

Comhairle Ceantair Lár Uladh Mid Ulster District Council

Mid Ulster District Council

Contact COSTA for Support to assist your group to access funding for Rural Village Plans

A total of 37 village renewal projects are being part funded under Priority 6 (LEADER) of the Northern Ireland Rural Development Programme 2014-2020 by the Department of Agriculture, Environment and Rural Affairs and the European Union, with the Council's investment totalling £800K over 4 years.

The projects are being coordinated by the Council in partnership with local communities and a further 4 are to come for Benburb, Castlecaulfield, Gulladuff and Newmills.

A pedestrian linkage path from Tobermore Road to the Walled Garden on Church Street is planned for Maghera and planning permission is also being sought for renovation works at the community building in Ardboe.

The next phase of work will include a range of projects in Upperlands, Swatragh, Churchtown & Lissan, Moortown, The Loup, Desertmartin, Clonoe, Ballinderry & Ballylifford, Orritor and Broughderg, Killyman and Eglish.

COSTA can assist groups in identifying match funding and reviewing Village Plans
Tel: 028 855 56880
or email: info.costa@btconnect.com

Musical Instruments for Bands

Arts Council of Northern Ireland
The Funding and Development Agency for The Arts in Northern Ireland

Awarding funds from THE NATIONAL LOTTERY®

This scheme is open.

Deadline for applications: Thursday 13th September 2018 at 4pm

This programme is designed to increase the quality of music-making in the community by helping bands to replace worn-out instruments and purchase new instruments.

Who can apply?

This scheme is open to bands based in Northern Ireland, which are formally constituted.

The following types of bands are eligible for this scheme:

- ✓ **Accordion Orchestra/Band (part, melody or marching)**
- ✓ **Brass Band**
- ✓ **Concert Band**
- ✓ **Flute Band (part, melody or marching)**
- ✓ **Pipe Band**
- ✓ **Wind Band**

Who cannot apply?

Bands who received a Musical Instruments for Band Scheme award between January 2011 and February 2018.

Online Applications

Applications for this scheme can be made using the online form.

Deadline for Applications
The deadline for applications is Thursday 13th September 2018 at 4pm
Decisions will be made by Friday 19th October 2018.

For further information and Guidance Notes go to:

http://artscouncil-ni.org/funding/scheme/musical-instruments-for-bands-2018

COSTA Newsletter

SERVICES FOR COMMUNITIES

Rural Support offers a listening and signposting service for farmers and rural families across NI via face to face support, information and advice about business finance and debt, single farm payments, benefits, mental health assistance and many other issues. **Tel: 028 8676 0040 Email: info@ruralsupport.org.uk Website: www.ruralsupport.org.uk FREE Confidential Helpline: 0800 138 1678.**

RYE Connect - Rural Youth Entrepreneurship Programme (RYE) is an entrepreneurship and developmental programme for young people aged between 16–30 yrs. We offer outreach activities to engage young people in rural areas to consider the potential of enterprise development and self-employment through a series of workshops, networking events and interactive online tools. Contact Gail Lees, Programme Officer **Tel: 028 867 66980 Email:** glees@rdc.org.uk **Web:** www.rdc.org

CDM Community Transport offers flexible, affordable community transport services for individuals and community groups. CDM offers access to vital local services: post offices, shops, doctors, local health services. CDM also offers **Assisted Rural Travel Scheme (ARTS) - o**nly available to rural dwellers who have a valid Smart pass on CDM's Dial a lift. **For further information contact the Dungannon Branch Office: Tel: 028 877 29714.**

The Farm Families Health Checks Programme consists of a mobile screening bus which will visit local farmers' markets and rural community events to offer on-the-spot health checks consisting of blood pressure monitoring, BMI, cholesterol and diabetic screening. In addition, individual lifestyle advice will be given on a range of health issues and onward referral to local support services as required. For further information Contact health.promotion2@northerntrust.hscni.net

Farm SAFE aims to increase awareness of farm safety and to reduce work related fatalities and injuries on farms. We advise farmers to stop and think about **the four main farm hazards Slurry, Animals, Falls and Equipment (SAFE).** For Confidential advice on workplace health and safety call our **Freephone Number: Tel: 0800 0320 121 Web:** http://farmsafe.hseni.gov.uk

Libraries NI has a host of fabulous services and exciting events that will lead you on a journey of discovery. You can join the library at any age and membership is free. It is free to borrow books, eMagazines and use computers. There 98 public libraries and mobile stops across NI so you will be sure to find one near you. **For all general enquiries call the Customer Support Line: 0345 4504 580 Web:** www.librariesni.org.uk

SUSE+ Employability Programme provides support, guidance and qualifications to unemployed and economically inactive adults (aged 16+) to progress into sustainable employment. SUSE+ provides intensive 1:1 mentoring support, qualifications and specialised training to ensure all participants are fully equipped to meet the demands of today's labour market. Contact: **Marie Skelton Tel: 0744 253 1665 Web:** http://www.swc.ac.uk

Social Enterprise NI (SENI) is the voice for Social Enterprises and Social Entrepreneurs in Northern Ireland, connecting, supporting, developing and sustaining vibrant businesses to create social change. **Tel: 028 9046 1810 Email: info@socialenterpriseni.org Web:** www.socialenterpriseni.org

Mid Ulster to Benefit from £8m in Rural Development Funding via *Mid Ulster Rural Development Partnership* Local Action Group

Comhairle Ceantair Lár Uladh Mid Ulster District Council

Mid Ulster DISTRICT COUNCIL www.midulstercouncil.org

With two thirds of our residents living in rural areas, Mid Ulster has a focus on supporting its rural communities and rural enterprise.

A new Local Action Group for Mid Ulster has now been formed. Mid Ulster Rural Development Partnership will take forward the delivery of Priority 6 funding under the new 2014-2020 Rural Development Programme in partnership with Council.

A range of Support Measures are available including support for capital investments in creation and development of non-agricultural activities in rural areas for all micro and small enterprises.

Capital grants are available for start-up or expansion of rural business, including farm diversification and private tourism businesses.

For information on **LEADER NI Rural Development Programme** funding and the application process, contact the **Rural Development Team** at Mid Ulster District Council on **Tel: 028 8676 4714 Email:** eamon.gallogly@midulstercouncil.org **Website: www.midulsterrdp.org**

Contact COSTA for support to assist your group to access NIRDP / LAG funding

COSTA assists groups with applications to and projects funded under MURDP Local Action Group / NI Rural Development Programme.
Tel: 028 855 56880
or email: info.costa@btconnect.com

Mid Ulster Community Plan

Save the Date!

Community & Voluntary Sector Convention

Information Evening

Thursday 11th October 2018

7:15pm for 7:30pm start – 9:00pm

Burnavon Arts Centre, Cookstown

Great opportunity for everyone in the community to get an update on and to feedback your views on the Mid Ulster Community Plan.

A new power, which came into being when new councils were formed in April 2015, Community Planning is about the public, voluntary and community sector working together to design and deliver services which make a real difference to the lives of local people. Mid Ulster now has a Community Plan which sets out a vision for our place as:

'a welcoming place where our people are content, healthy and safe; educated and skilled; where our economy is thriving; our environment and heritage are sustained; and where our public services excel'.

The Community Plan for Mid Ulster has identified 15 outcomes encompassed in 5 themes:

- **Economic Growth**
- **Infrastructure**
- **Education & Skills**
- **Health & Well-being**
- **Vibrant & Safe Communities.**

Download a copy of the Community Plan here: **Community Plan: 10 Year Plan for Mid Ulster [4173KB]**

National Churches Trust - Community Grant Funding is available for projects which introduce facilities to enable increased community use of places of worship. **Grants of between £5,000 and £25,000 are available. Deadline for applications is 2nd July 2018.**

To apply visit: https://www.nationalchurchestrust.org/our-grants/community-grants

Community Organisations of South Tyrone & Area

COSTA
Local Rural Support Network
Rural Community Development Support Service
(Mid Ulster Zone)

COSTA 'Open Door Days'

One-to-one support sessions
for local groups in the
Dungannon & South Tyrone Area of Mid Ulster District

JULY - Wednesday 25th July 2018

AUGUST – Thursday 9th August 2018

AUGUST – Tuesday 21st August 2018

At COSTA
President Grants Homestead

- Pre-booking a time slot in advance is essential –

Please advise of nature of support or information required when booking:

Timeslots:
9:30am – 11:00am,
11:30am – 1:00pm,
2:00pm – 3:30pm,
3:30pm – 5:00pm,
5:30pm – 7:00pm,
7:00pm – 8:30pm.

To book your slot Tel: 028 855 56880
or email: info.costa@btconnect.com

COSTA Newsletter

Services for Older People

Age NI is the leading charity for older people in N.I. They deliver care services, provide advice and advocacy, fundraise and influence our decision-makers to improve later life for us all. The Age NI Advice and Advocacy Service offers free, independent and confidential support to older people, their families and carers on a range of issues including: Welfare benefits, Community care, Residential and nursing care, Housing and health. **Age NI Advice Service: call Freephone 0808 808 7575**

Mid Ulster Seniors Network (an Age NI Sub-Regional local Network) motto is "Together we are Stronger". **Contact: Elaine Simpson Telephone: 028 9024 5729 or Email:** musn.olderpeoplesnetwork@gmail.com **or Anita Kelly Tel: 078 141 96935** **anita.kelly@ageni.org**

Agewell is a Local Partnership aimed at improving services for the Older People in the Community in the Mid Ulster Area Services: Good Morning Call – a free telephone care service for the over 50 and vulnerable five mornings a week, Monday to Friday to contact members for a social chat and to check on their wellbeing, Advice, Information and Signposting, Home Maintenance Worker, Training, Social Events, Access to Benefits, Fuel poverty, Intergenerational Work, Volunteering opportunities. **Contact: Marie Devlin Email:** shauna.kehoe@agewellpartnership.org

Good Morning Neighbour is a FREE 365 Day a Year telephone call and befriending service for older and vulnerable adults in the Armagh City & District and Dungannon & South Tyrone Borough Council areas run by Community & Voluntary Services / Armagh & Dungannon Voluntary Bureau. If you or someone you know would like to benefit from these services and live within the catchment area, or would like more information call Siobhan on Tel: **028 8772 9690 or Email:** gmnproject@live.co.uk **Web:** www.youcanhelp.org

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agewell

MID ULSTER AGEWELL

DO YOU KNOW ABOUT MID ULSTER AGEWELL?

ARE YOU FEELING LONELY AND INSECURE?

IF SO MID ULSTER AGEWELL WOULD LIKE TO HELP.

WE CAN PROVIDE A GOOD MORNING TELEPHONE CALL TO CHECK ON YOUR HEALTH AND WELLBEING, HAVE A SOCIAL CHAT.

THE CALL WILL ALSO ACT AS A REMINDER FOR DOCTOR, HOSPITAL AND DENTAL APPOINTMENTS.

THE CALL IS PROVIDED MONDAY TO FRIDAY BETWEEN THE HOURS OF 8.30AM TO 12.30PM.

FOR FURTHER INFORMATION PLEASE CONTACT:

MID ULSTER AGEWELL
UNIT 3
80-82 RAINEY STREET
MAGHERAFELT
BT45 5AJ

TEL: 028 7963 2170

COSTA is funded by
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Tackling Rural Poverty & Social Isolation Programme and Mid Ulster District Council
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